**TOMAHAWK FOOTBALL**

**RULES AND CONSEQUENCES**

1. Be on time and ready to go at all practices and games with proper attire. Over the course of the season practice times may change for various reasons. You will be notified in advance of most changes; some changes are made as a result of extenuating circumstances and cannot always be communicated in a timely manner. If you are **LATE** to any practice it will be up to the coaches to come up with the consequences. Consequences are based on the amount of practice time missed.
2. You must attend all practices and games unless you have one of the following excuses and have **NOTIFIED** a coach that you will not be at practice.
3. a family emergency
4. an illness
5. a religious commitment
6. a school related activity

**\*\*\*NO OTHER EXCUSES will be accepted\*\*\***

**From August 1st – August 31st while school is not in session, each unexcused practice you will sit out the FIRST QUARTER of the next football game. If more than one unexcused practice occurs in a week leading up to the next game, the suspension time will be totaled up (i.e. 3 unexcused absences = player will sit out the first 3 quarters of the next football game)**

**At the end of the day on August 31st all accrued unexcused absences will be wiped clean.**

**Beginning on September 1 (when school starts) until the end of the football season:**

**First unexcused practice you will sit out the FIRST QUARTER of the next football game.**

**Second unexcused practice, you will sit out the FIRST HALF of the next football game.**

**Third unexcused practice will result in a FULL GAME suspension from the next football game.**

**ALL subsequent unexcused practices following the 3rd unexcused absence will result in a FULL GAME suspension from the next football game.**

**\*\*\*\*\*If unexcused absences become frequent it will at the discretion of the coaching staff as to whether or not you remain part of the TEAM.\*\*\*\*\***

1. No one is to make fun of or criticize another teammate. You are here to play as a **TEAM** and the only way that can be accomplished is if everyone supports and helps each other out. Compliment teammates when they do well, encourage them when they are struggling.
2. When traveling to other schools you are representing Tomahawk and we expect that you treat their facilities with respect. Players are expected to wear team apparel – polo shirt and khaki shorts or pants. No hats. Players will not travel if they are not dressed appropriately!
3. Cell Phones when traveling to away games will be collected as soon as you get on the bus and returned with 20 minutes of traveling time that is left on the way home. It is amazing how as a team we will become more connected from verbally communicating with one another.
4. Players are expected to participate in all activities and drills during practice without complaining. Injury is the only exception. There is a difference between pain and injury.
5. Fighting, swearing, and disrespect of any kind toward coaches, fans and officials during practice and games will not be tolerated. Good sportsmanship is expected of our athletes at all times, it reflects the character of the team, school, and community. It will be at the coach’s discretion the punishment a player receives for this kind of behavior.
6. Managers and statisticians are integral members of the team. They will be treated with respect. If you ask them to do something, do so in a friendly manner or you as the player will lose the privilege of their services. They are not your servants.

Your conduct at games, both home and away, will be as an athlete and a young man. Be a credit to the team, school and community